

# DESIGN

## 2b Design IV



Sitting



Laying

- Weather proof,
- Soft: comfortable to sit on
- Durable
- Strong (vandalism-proof)



Stretching

- No need for soft/comfortable surface
- Avoid dirt from shoes



Sit-ups

- Breathing surface (as people sweat)
- Soft but strong surface



Pull-ups

- Bar should provide extra grip for hands



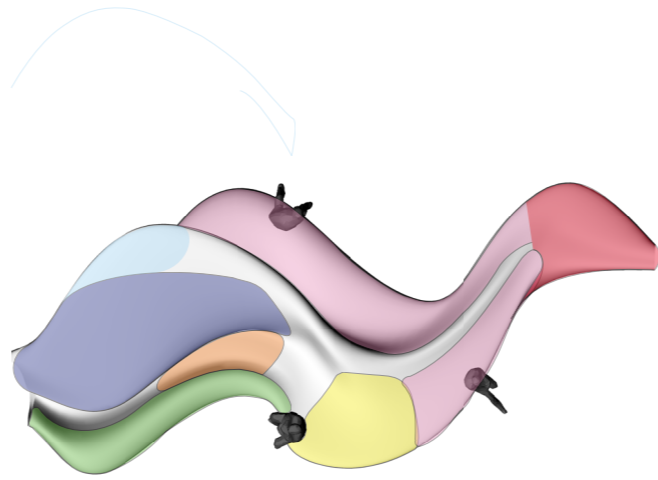
Leg-raises

- Hands need grip support
- Surface you lay on needs to breathe
- Soft but strong surface

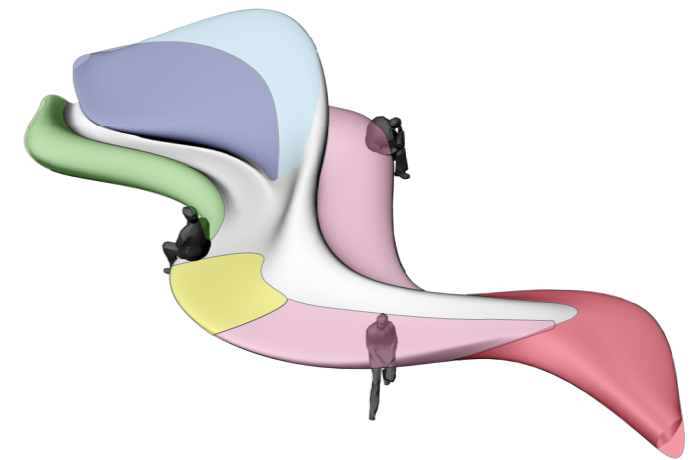


Back-raises

- Heels and knees area soft but strong
- Upper leg surface soft but strong



Plan view



Isometry



Front view



Side view